

**HILLCREST HIGH SCHOOL**

**WELCOME TO  
HIGH SCHOOL  
2024-2025**



**OTTAWA-CARLETON  
DISTRICT SCHOOL BOARD**





OTTAWA-CARLETON  
DISTRICT SCHOOL BOARD

# Land Acknowledgement



[\(link for story of Albert Dumont's graduation from Hillcrest\)](#)



# Learning For Every Child

All students can be successful

There are many pathways to success; all pathways have equal value



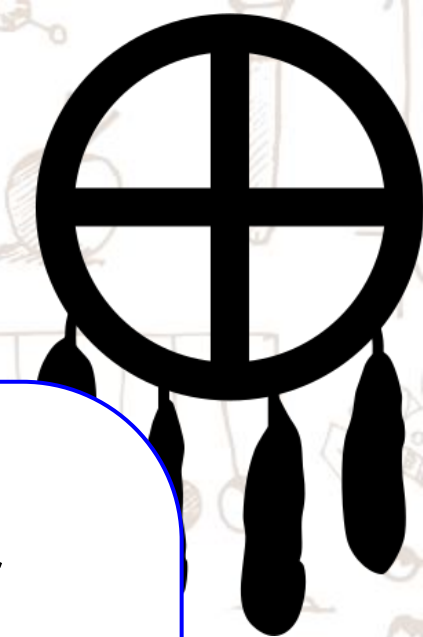
## SUPPORTING BLACK, MINORITIZED & 2SLGBTQ+ STUDENTS

- ◆ Strong commitment for successful outcomes for Black, Minoritized, & 2SLGBTQ+ students
- ◆ Providing access, opportunities & support for students to learn & engage in equity, anti-racism, & anti-oppression work.
- ◆ Support Systems include:
  - Black Graduation Coaches
  - Black Youth Forum
  - Social Justice/Diversity Clubs
  - Rainbow Youth Forum, Rainbow Bridges, 2SLGBTQ+ Virtual Hangouts
  - Social Work Services for Black Students
  - Diverse Course Options
  - [Diversity/Equity Coordinator](#) (click to contact Jacqueline Lawrence)
  - [Principal of Equity, ESL/ELD K-12](#) (click to contact Melissa Collins)



## INDIGENOUS EDUCATION

- ◆ Providing access, opportunities & support for Indigenous Students to achieve Academic, Social, & Emotional Success
- ◆ All students provided with a fulsome understanding of Indigenous histories, traditions & contemporary realities
- ◆ Extensive Indigenous Support System including:
  - [VP of Indigenous Education](#) (Click to contact Jody Alexander)
  - Indigenous Instructional Coaches
  - Indigenous Student Support Coordinators
  - Indigenous Graduation Coaches
  - Indigenous Child/Youth Wellness Advisor Social Worker



## COMMITMENT TO EQUITY

Indigenous, Equity and Human Rights Roadmap



Eliminating Barriers to Success  
2020-2023

## SUPPORTING THE DIGNITY & RESPECT OF ALL STUDENTS IN AN EQUITABLE/INCLUSIVE ENVIRONMENT



## ENGLISH LANGUAGE LEARNER PROGRAMMING (ESL/ELD)



## STUDENTS WITH SPECIAL EDUCATION NEEDS

### COMMITMENT TO EQUITY

Indigenous, Equity and Human Rights Roadmap



Eliminating Barriers to Success  
2020-2023

### SUPPORTING THE DIGNITY & RESPECT OF ALL STUDENTS IN AN EQUITABLE/INCLUSIVE ENVIRONMENT

- ◆ Focus on **English language acquisition** & program pathway support
- ◆ Support of newcomer students and families through Multicultural Liaison Officers from OCISO
- ◆ ESL/ELD courses enhance spoken, written and read English & allow for credit accumulation
- ◆ ESL/ELD Leads and Instructional Coaches provide added support
- ◆ Course Selection best done by Parent-Teacher Communication
- ◆ [Principal of Equity, ESL/ELD K-12](#) (click to contact Melissa Collins)

- ◆ Students with **special education needs** may have an **IEP** including a **transition plan**
- ◆ **High learning expectations** in **inclusive classrooms** where **dignity & well-being** are **prioritized**
- ◆ **Teachers & Learning Support Teachers** have information regarding **IEPs, accommodations, and services/supports**
- ◆ Consideration of **Students' strengths, needs, work habits, and learning skills**
- ◆ **Transition meetings** for grade 8s moving to high school occur in spring



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# Innovation and Adolescent Learning

## Experiential Learning

- Connects students with authentic and meaningful learning experiences, and can be connected with community partners
- Learning is enhanced by making direct connections between how the students can apply their formal learning to their life goals and/or make a contribution to their community by framing learning that allows students to:
  - **Participate:** What are students experiencing?
  - **Reflect:** How has this experience helped students think about themselves, other people, the world, their opportunities, or the subject of study?
  - **Apply:** What might they do differently having had this experience?



# Pathway Connected Learning Experiences

## **Co-op**

Students who are at least 16 years old can earn credits while working in the community with community partners.

## **Dual Credit**

Students in Grades 11 or 12 have an opportunity to attend college and explore career and post secondary opportunities earning a college and a high school credit.

## **eLearning**

Students have the opportunity to learn in an online asynchronous environment supporting the completing of their learning around their unique schedule.

## **Ontario Youth Apprenticeship Program (OYAP)**

Students can earn co-op credits and gain apprenticeship training leading to a Certificate of Qualification with journey person in a skilled trade.

## **Specialist High Skills Major (SHSM)**

Students can earn a SHSM designation on their OSSD by exploring career paths through specific courses, certifications and connections with industry partners.

## **School within a College (SWAC)**

students who have disengaged or are disengaging from school attend the college 5 days a week, working with a high school teacher and college professors on high school and college credits.

## **Trades and Technology**

Students can learn through hands-on projects and explore interests in different areas of technology.

## **Winning Attitudes**

Winning Attitudes is a continuous-entry co-op program designed to re-engage students who are between 16-21 year of age.



# Continuing Education Programs

- **Night School Credit:** Two sessions during the school year offering a range of grade 11/12 courses including Coop opportunities.
- **Specialised Programs:** For specific student groups during the school year and summer such as credit programs for Indigenous Youth, Black Youth, 2SLGBTQ+ Youth and English Language Learners.
- **Summer School Credit:** A variety of grade 9-12 credit courses offered with some credit options for students finishing grade 8.
- **Elementary Summer School:** Grade 9 Math Prep and Literacy and Numeracy support for students finishing grades 6-8.
- **Literacy and Numeracy Virtual and School Based Programs:** Providing students in Grades 7-12 with a supervised opportunity to complete, review, practice and organize for greater success throughout the school year.
- **International Language credit programs (Secondary):** Language credit courses are available for Grade 9-12 students running from September to June. **A variety of languages are available.**

For more information please visit our website:  
[OCDSB Continuing Education](#)





# Learning Options for Students

## De-Streaming in 2023-2024

- The Ontario government announced the provincial commitment to de-streaming in grade 9.
- Since the fall of 2022, all Grade 9 compulsory courses (Math, English, French, Geography and Science) were de-streamed.

### College (Gr. 11&12) Courses

- Support students with activity based programming that supports concrete problem-solving, tools and strategies to accomplish tasks.
- College courses provide students with a college option or work option.

### University Courses (Gr. 11&12)

- Support students with a focus on conceptual problem solving and critical thinking that is more theoretical in nature.
- Academic and University courses provide students with a university, college or work option.





# HILLCREST HIGH SCHOOL

<https://hillcresths.ocdsb.ca/>

# Our Team

**Dinu Chande**

Principal

**Derek Eyamie**

Vice-Principal, Gr 9/10

**Neerja Malhotra**

Vice-Principal, Gr 11/12

**Dan Lajoie**

Head of Student Services

**Natasha Lamb**

Guidance Counsellor



# Department Heads

**Afroza Mohammed**

Canadian and World Studies and Social Sciences

**Alexandra Urosevic**

English, Languages, Library & Indigenous Studies

**Dan Lajoie**

Student Services, Cooperative Education

**Dave Thompson**

Physical Education & Arts

**Kim Goodwin**

Special Education

**Lawrence Nelson**

Science & Technology

**Meagan Comeau**

Science & Technology

**Monika Thakker**

Student Success

**Natasha Lamb**

Math, Business



# What do you need to graduate from high school?

## 18 compulsory credits

Students must earn the following compulsory credits to obtain the Ontario Secondary School Diploma:

4	credits in English (1 credit per grade)*
3	credits in mathematics (1 credit in Grade 11 or 12)
2	credits in science
1	credit in Canadian history
1	credit in Canadian geography
1	credit in the arts
1	credit in health and physical education
1	credit in French as a second language
0.5	credit in career studies
0.5	credit in civics

In addition, students must complete:

✓	12 optional credits†
✓	40 hours of community involvement activities
✓	the provincial literacy requirement

## 15 Compulsory Credits

Plus one credit from each of the following groups:

	<b>Group 1:</b> <ul style="list-style-type: none"><li>English or French as a second language**</li><li>a Native language</li><li>a classical or international language</li><li>social sciences and the humanities</li><li>Canadian and world studies</li><li>guidance and career education</li><li>cooperative education***</li></ul>
1	<b>Group 2:</b> <ul style="list-style-type: none"><li>health and physical education</li><li>the arts</li><li>business studies</li><li>French as a second language**</li><li>cooperative education***</li></ul>
1	<b>Group 3:</b> <ul style="list-style-type: none"><li>science (Grade 11 or 12)</li><li>technological education</li><li>French as a second language**</li><li>computer studies</li><li>cooperative education***</li></ul>

## + 3 Compulsory Groups

## + 12 Elective credits

**= 30 TOTAL CREDITS!**

Total number of credits required for the OSSD:

**30**

# Additional Graduation Requirements

**40**



**Provincial Literacy Requirement**



**2**

**hours of community involvement**

**(OSSLT or OLC40 course)**

**e-Learning credits**

Students can start completing their 40 hours of community involvement in the summer before they start grade 9!

Students typically complete the literacy requirement in the spring of grade 10.

Students may opt-out of this requirement or complete 2 e-Learning courses .



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# HILLCREST HIGH SCHOOL GRADE 9 COURSE OFFERINGS 2024/25

**ALL GRADE 9  
STUDENTS REQUIRE A  
TOTAL OF 8 COURSES.**

OSSD Requirements
4 English (1 per grade)
3 Math (9, 10, +1 credit in grade 11 or 12)
2 Science
1 Canadian Geography
1 French
1 Arts
1 Physical Education
Electives
1 Canadian History (gr 10)
Careers, Civics (gr 10)
Group 1: +1 additional credit in: English, French, or a Native language, a Classical or International language, Social Sciences and the Humanities, Canadian and World Studies, Guidance and Career Education, CO-OP
Group 2: +1 additional credit in Phys. Ed., Arts, or Business, French, CO-OP
Group 3: 1 additional credit in Science (Grade 11 or 12), or Tech, or French, or Computer Studies, or CO-OP

Subject	Course
English	<ul style="list-style-type: none"> <li>ENL1W</li> </ul>
Math	<ul style="list-style-type: none"> <li>MTH1W</li> </ul>
Science	<ul style="list-style-type: none"> <li>SNC1W</li> <li>SNC1WF - French Immersion</li> </ul>
Geography	<ul style="list-style-type: none"> <li>CGC1W</li> <li>CGC1WF - French Immersion</li> </ul>
French	<ul style="list-style-type: none"> <li>FSF1D - Core French</li> <li>FIF1D - Immersion French</li> </ul>
Arts <small>(these courses are at the open level)</small>	<ul style="list-style-type: none"> <li>AVI10 - Visual Arts</li> <li>NAC10 - Expressions of FNMI Cultures &amp; Art</li> <li>ADA10 - Dramatic Arts</li> <li>AMU10 - Music (Brass, Winds, Percussion)</li> <li>AMS10 - Music (Strings)</li> </ul>
Physical Education	<ul style="list-style-type: none"> <li>PPL10 - Healthy Active Living, All Genders</li> <li>PPL1OP - Healthy Active Living, Female</li> <li>PPL1OQ - Healthy Active Living, Male</li> </ul>
Electives	<ul style="list-style-type: none"> <li>BEM10 - Introduction to Business</li> <li>TAS10 - Exploring Technologies</li> </ul>
<b>Outside the Timetable Full Year - Optional Extra Credit(s) - CAN CHOOSE ONE</b>	
Orchestra <small>(Must take either <u>AMU10</u> or <u>AMS10</u> to take one or both of these outside the timetable)</small>	AMO10 - String Music full-year, morning AMI10 - Band Music full-year, morning
All efforts will be made to honour student requests, however conflicts may occur requiring a change in selection. Students will be asked to choose alternates when selecting courses in Xello	

During transition meetings in May and June, students with exceptional circumstances requiring unique timetables will be supported individually. These might include Learning strategies or resource periods.



# French Opportunities

- **Core French Grade 9-12**
- **French Immersion**
  - FI Certificate (4 FIF + 6 courses = 10)
  - Extended Certificate (4 FIF + 3 courses = 7)
- **DELFL Certification** for students in grade 12 **Core** and **French Immersion**
  - An internationally recognized diploma of French as a Second Language competency
  - DELFL testing is available free of charge for OCDSB students  
[http://acpi.ca/documents/delf\\_depliant\\_en.pdf](http://acpi.ca/documents/delf_depliant_en.pdf)



# High School Pathways Plan

Year 9	Year 10	Year 11	Year 12
English	English	English	English
Math	Math	Math	Elective
Science	Science	Elective	Elective
Core French	History	Elective	Elective
Geography	Civics (0.5)	Elective	Elective
Phys Ed	Career Studies (0.5)	Elective	Elective
Arts	Elective	Elective	Elective
Elective	Elective	Elective	Elective
	Elective		

8

8

8

6



# Course selection

Knowing Yourself

Who am I?

Achieving Goals and Making Transitions

What is my plan for achieving my goals?

EDUCATION AND CAREER/  
LIFE PLANNING

What are my opportunities?

Exploring Opportunities

Who do I want to become?

Making Decisions and Setting Goals

- **Who should I talk to?**

- Parents, Friends, Teachers, Other adults in your life

- **What should we talk about?**

- Your wishes, hopes, and dreams
- Hobbies and interests
- What environment do you like to work in (i.e. shop, outdoors, classroom, etc.)?
- Family history and traditions
- Your thinking from your Individual Pathway Plans
- Preferred learning style
- Academic progress
- Strengths
- Learning and skills that you are working on



# Xello: The Course Selection Tool

## Quick Introduction to Xello



**Xello** is an online tool that students can use to explore career options, build skills, and reflect on how learning connects with career and learning goals. It is also the tool used for course selection.

## With Xello your child will:

- **Build Self-knowledge:** Define their interests, skills, preferences, and aspirations so they can explore the opportunities right for them.
- **Explore Options:** Learn about career possibilities and educational pathways by exploring rich, engaging content and lessons.
- **Create a Plan:** Your child can create dynamic actionable plans that outline the steps needed to achieve school, career, and life goals.
- **Learn & Reassess:** Interactive lessons help your child develop age appropriate skills and knowledge for success in school and beyond.

## Xello: From a student's perspective

- 1 Dashboard
- 2 Lessons
- 3 About Me
- 4 Explore Options
- 5 Goals and Plans



# Environment through Indigenous Lens

**SH** SPECIALIST  
**SM** HIGH SKILLS  
MAJOR

ARTS & CULTURE  
**SHSM**



...and more!

# The Typical Timetable

- **2 Semesters**
  - Semester 1 (Sept-Jan)
  - Semester 2 (Feb-June)
- **4 classes per semester**
- **75 minute classes**
- **55 minute lunch**



Period	Day One	Day Two
One: 9:05-10:20	Block A	Block B
10:20-10:25	Travel	Travel
Two: 10:25-11:40	Block B	Block A
11:40-12:35	Lunch	Lunch
Three: 12:35-1:50	Block C	Block D
1:50-1:55	Travel	Travel
Four: 1:55-3:10	Block D	Block C

# Ways to Get Involved: **Sports**

## Team Sports

- Basketball
- Hockey
- Rugby
- Soccer
- Volleyball
- Wrestling
- Touch Football
- Baseball

## Individual Sports

- Badminton
- X-Country Running
- Nordic Skiing
- Swimming
- Track and Field
- Wrestling
- Golf

## Other (non-competitive)

- Weight Room
- Fitness Clubs
- Intramural (lunchtime) activities



# Ways to Get Involved: Clubs

...and more!

- Student Council
- LINK Crew
- Tech Crew
- Chess Club
- Book Club
- Girls Group
- Black Excellence Club
- Leadership Camp
- Knitting Club
- Drama Club
- Best Buddies
- Band Trips



- Multi Faith Group
- Prayer room
- International trips
- Islamic youth group
- Man up (Boys Club)
- Assembly Committee
- Grad Committee
- Coffee Houses
- Breakfast Club
- Music Ensembles
- GSA
- Impact Club



# Helpful Resources Available in High School

Good to  
Know!!

- Link Crew
- Guidance counsellor
- Student Success teacher
- Learning Support teacher
- Youth Counsellors
- Social worker
- Psychologist
- English Language Learner Support
- Mental Health Worker
- OPH Nurse
- Rideauwood addictions counsellor
- MLO (Multicultural Liaison Officer)
- ABC (African, Black and Caribbean) graduation coach



Email our guidance team:

**Natasha Lamb**

**Guidance Counsellor**

[Natasha.Lamb@ocdsb.ca](mailto:Natasha.Lamb@ocdsb.ca)

**Dan Lajoie**

**Head of Guidance, Morning only**

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